

GIVING TUESDAY

3rd December 2019

Ways of GIVING - Example List

Below is a list of ideas to kick start, but there are very few rules.

The sky is the limit. Big or small you have the power to change someone's day!

- Give someone a high 5
- Send a hand written note to someone that inspires you and tell them why
- Say hello to 3 strangers and give a smile
- Do something unexpected and special for someone you love
- For today, let cars merge in front of you with a gracious nod
- Do something nice for your neighbour
- Give someone a hug
- Call someone you haven't spoken to in a while
- Be kind to the Earth - pick up 5 pieces of rubbish
- Let someone go ahead of you in line
- Send a hand written thank you note
- Buy the person behind you a coffee
- Leave an encouraging note on a car windscreen
- Plan a surprise for someone
- Give 3 genuine compliments to strangers
- Thank someone that does a hard job that most people wouldn't do
- Volunteer to do a task you wouldn't normally do
- Send a text to someone you appreciate to say you are thinking of them
- Leave change in a vending machine
- Be kind to you - a pamper or just some alone time that is all yours
- Give food to a local community centre/church food bank
- Give 5 things you no longer need to a charity
- Volunteer your time or talent
- Send a note/card to someone who is going through a challenging time
- Make something for someone
- Be kind to your co-workers - bring them a treat
- Hold the door open for someone
- Go through the day trying not to say anything negative
- Ask someone how their day is and really listen
- Give back - share with us what you gained by giving