



## 2020 Women's Resilience Awards

Recognising Central Coast women who have shown resilience and strength and inspired hope in our community.

### ABOUT THESE AWARDS

CBWN is calling on members to nominate women who live, work or study on the Central Coast, who deserve recognition of strength and courage through challenging times.

### WHAT IS RESILIENCE?

Resilience is defined as the ability to 'bounce back' – to recover effectively from trauma, tragedy and other significant setbacks. Resilient people do not let adversity define them, but rather, realise the strength within them and return to a productive life, often making a valued contribution to their community.

### NOMINATIONS AND SELECTION CRITERIA

These awards are open to all women over the age of 18 across the Central Coast (excluding employees and volunteers of Iris Foundation).

Nominations will be assessed on nominator's written responses and any appropriate supporting materials submitted (e.g. resumes, personal references, press coverage etc).

All information supporting the nomination will be kept confidential and viewed only by the independent assessment panel. Multiple nominations do not increase the chance of winning. The decision of the assessment panel is final.

Please use the below nomination form (supporting documents may be attached).

### KEY DATES

Wednesday 5<sup>th</sup> February 2020 – Awards launched at CBWN February luncheon; nominations open

Monday 6<sup>th</sup> April, 2020 – Nominations close at 5pm

Monday 20<sup>th</sup> April, 2020– Finalists announced

Wednesday 20<sup>th</sup> May, 2020 – Winner announced during special luncheon at Toukley RSL Club

### MORE INFORMATION

Questions about the 2020 CBWN Women's Resilience Awards should be directed to:  
CBWN Women's Resilience Awards c/o Iris Foundation, PO Box 206, Wyong NSW 2259  
or email: [info@cbwn.org.au](mailto:info@cbwn.org.au)

# 2020 Nomination Form

Community and Business Women's Network invites members to submit nominations for its 2020 Women's Resilience Awards.



**Nominator details** (*The person putting forth the nomination. Must have CBWN membership*)

Name: .....

Phone: ..... (Mobile) ..... (Home)

Email: .....

**Nominee details** (*The person you are nominating. Self-nominations will not be considered.*)

Name: .....

Phone: ..... (Mobile) ..... (Home)

Email: .....

Is the nominee a Central Coast resident?

**Referee details** (*Someone who may be contacted to verify details.*)

Name: .....

Phone: ..... (Mobile) ..... (Home)

Email: .....

**Supporting statement:** Please include a short statement (500 words or less) describing the challenge/s faced by the nominee and in what ways resilience was demonstrated.

**Submit completed forms to:** CBWN Women's Resilience Awards  
c/o Iris Foundation, PO Box 206, Wyong NSW 2259 or email:  
[info@cbwn.org.au](mailto:info@cbwn.org.au)

**Nominations close:** Monday 6<sup>th</sup> April 2020, 5pm  
Finalists announced 20/4/20



Community and Business Women's Network is a project of Iris Foundation.